

# Authorization for Policyholder Initiated Request for Release of Protected Health Information to Other

Name or Employer	Policy Number
Primary Policyholder Covered by the Health Plan (Last, First)	
Name of Person Granting Authorization (Last, First) Leave blank if same as Primary Member	Relationship to Primary Policyholder (self, spouse, dependent child or designated personal rep)

My protected health information is information about me that was collected from me or created or received by a health care provider, a health plan, my employer, or a health care clearinghouse and that relates to: (i) my past, present, or future physical or mental health or condition; (ii) the provision of health care to me; or (iii) the past, present, or future payment for the provision of health care to me.

For my purposes and at my request, I authorize ManhattanLife Insurance and Annuity Company to disclose my protected health information to the following Individual, organization, or class of persons (e.g., group Individuals within the organization) (check all that apply):

- My Spouse: (specify)**  
The protected health information that may be used and disclosed to my Spouse is as follows (check all that apply):
  - Eligibility
  - Explanation of Benefits
  - Claims Status or Protected Health Information related to Claims Status
  - Other (specify) \_\_\_\_\_
- My Employer/ Plan Sponsor:**  
The protected health information that may be used and disclosed to my Employer/Plan Sponsor is as follows (check all that apply):
  - Eligibility
  - Explanation of Benefits
  - Claims Status
  - Other (specify) \_\_\_\_\_
- Agent: (specify)**  
The protected health information that may be used and disclosed to my Broker is as follows (check all that apply):
  - Eligibility
  - Explanation of Benefits
  - Claims Status
  - Other (specify) \_\_\_\_\_
- Other: (specify)** \_\_\_\_\_  
The protected health information that may be used and disclosed to this specified Individual(s) is as follows (check all that apply):
  - Eligibility
  - Explanation of Benefits
  - Claims Status
  - Other (specify) \_\_\_\_\_

[If choosing "Other", describe in as much detail as possible the protected health information that you wish to be used or disclosed. For example, the information to be used or disclosed may relate to payment, enrollment, or claims. If so, you should include, if available, the types of claims, dates of service, or types of service.]

I understand that I may refuse to sign this authorization. I further understand that the above named health plan will not condition enrollment or eligibility for benefits on my signing this authorization.

I understand that I may revoke this authorization at any time by sending a written notification to the above named health plan at the address located below, and this revocation will be effective for future uses and disclosures of protected health information. However, I further understand that this revocation will not be effective: (i) for information that the above named health plan already has used or disclosed, relying on this authorization or (ii) if the authorization was obtained as a condition for coverage in the above named health plan and, by law, the above named health plan has a right to contest the coverage.

I understand that if my protected health information is to be received by individuals or organizations that are not health care providers, health care clearinghouses, or health plans covered by federal privacy regulations, my protected health information described above may be re-disclosed and no longer protected by federal privacy regulations.

This authorization expires at the earlier of: 1) 12 months from the date when it was signed or 2) when I am no longer an active policyholder of the above named health plan.

\_\_\_\_\_  
Signature of Person Granting Authorization or Personal Representative

\_\_\_\_\_  
Date

Printed Name \_\_\_\_\_  
(Last) (First)

\_\_\_\_\_  
Description of Personal Representative's Authority (if applicable)

You may contact me at the address below if you have questions concerning my responses in the Authorization

\_\_\_\_\_  
Street Address City State

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Email: \_\_\_\_\_

Send your completed authorization or notice of revocation to the following address:  
 ManhattanLife Insurance and Annuity Company  
 P.O. Box 925309, Houston, Texas 77092-5309  
 or  
 FAX to (713) 583-8508

*NOTE: All authorizations granted by this document are in addition to any uses and disclosures of protected health information permitted or required under the Health Insurance Portability and Accountability Act of 1996 and its implementing privacy regulations.*

*This form is not to be used for obtaining records from providers for underwriting or risk rating.*